

Humanism

Key words and phrases	
Humanism	A non-religious worldview. Most Humanists do not believe that there is a God or in life after death.
Humanist	A person who believes in Humanism, and follows that non-religious worldview.
worldview	A worldview can be religious, for example: Christianity, Islam, Sikhism, Judaism, Hinduism and Buddhism. It can also be non-religious such as Humanism.
atheism/ atheist	The belief that there is no God. An atheist is someone who believes that there is no God.
agnostic	A person who has doubts about whether God exists.



The 'happy human' is a widely used symbol for Humanism and is used by many Humanists.

Many Humanists believe that people should try to live a good life guided by moral ideas which benefits other people and does not cause harm to others or to animals.

Many Humanists believe that science and reason are the best ways to explain how the universe works and that religion does not provide accurate explanations.

Some people who have Humanist beliefs are: Albert Einstein (scientist), Jawaharlal Nehru (politician) and Alice Roberts (scientist and TV presenter).