

## Where do rules come from?

Rules are important to keep everyone safe and to ensure that everyone is treated equally and fairly.

We follow sets of rules throughout our lives, including: school rules, road safety and the highway code, rules for games and sports, and rules in society that make up the laws of the nation.

Rules are also found in religions.



### Key words and phases

<b>The 10 Commandments</b>	The 10 main rules given to Moses by God to ensure that everyone lived a good life.
<b>The Sermon on the Mount</b>	Jesus told his followers to “love your enemies” and care for those who would not show kindness in return.
<b>The Golden Rule</b>	A rule found in all world religions in different forms. In Christianity: <i>To treat others as you would like to be treated.</i>
<b>Christian Love</b>	Unconditional love and kindness. To love and care for others not expecting kindness in return.

## The 10 Commandments

Love God more than all others.

Always use God’s name with love and respect.

Love and respect your parents.

Be faithful to your husband or wife.

Always tell the truth.

Don’t make anything more important than God.

Rest on a Sunday.

Never hurt others.

Don’t steal.

Be happy with what you have.