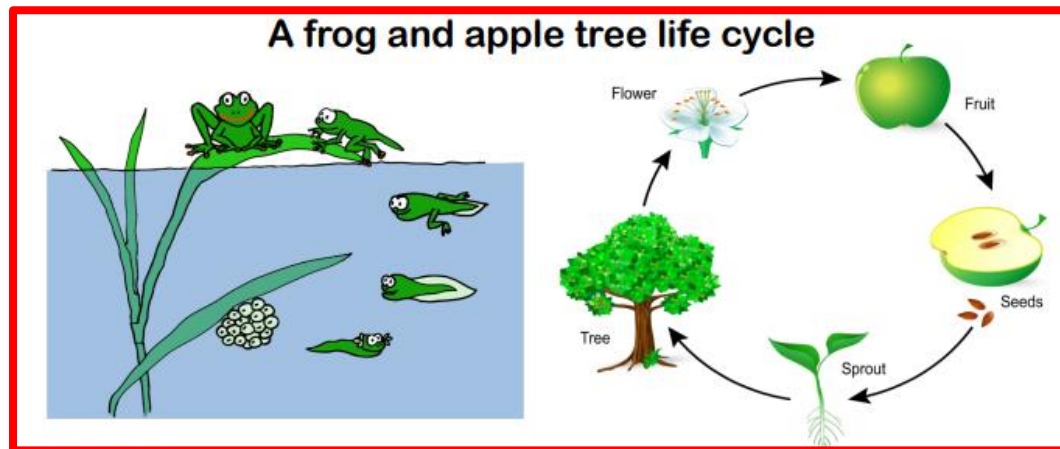
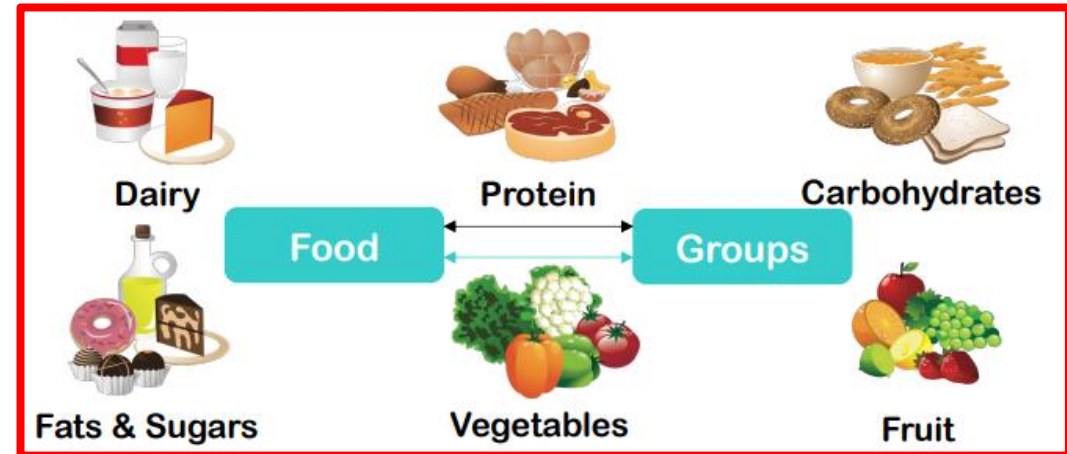


exercise	Activity requiring physical effort.
hygiene	The things that you do to keep you and your surroundings clean and healthy.
healthy	Being in a good condition with your body and mind.
nutrition	Having the right food needed for health and growth.
balanced diet	Having different food and drink in equal or similar amounts.



birth	The time when a baby or young animal comes out of it's mother's body, or hatches.
growth	When a person, animal or plant gets bigger or develops.
reproduction	The process of having babies or producing young.
life cycle	The changes that an animal or plant goes through during its life.